



Dear Parents and Carers,

Next week we are expecting extraordinary levels of heat, peaking on Monday and Tuesday at a possible 36°C. To ensure the children safe and comfortable in these temperatures, we will be making the following recommendations:

Water	Please ensure your child comes to school with a named water bottle each day. Children will be encouraged to drink regularly throughout the day.
Sunscreen	Please ensure your child has sunscreen applied before school. This will cover children during the morning, or longer depending on the type of sun cream. <i>Children will not be going into direct sunlight during the afternoon.</i>
Hats	Please ensure your child comes to school with a hat to cover their head. Again, ensure your child's name is clearly marked inside the hat.
Uniform	For Monday and Tuesday, please can you ensure that you send your child to school wearing loose, light-coloured clothing to help keep cool and sunhats with wide brims to avoid sunburn. This may mean children do not strictly wear normal school uniform, but should still wear clothes and colours in the spirit of the policy. We do not expect to see children in football kits. Footwear must be safe and comfortable – trainers, pumps or shoes, no sandals, flip flops, sliders or other open footwear please.
Time outside	On Monday and Tuesday, the children will not be going outside into the midday heat at lunchtime. Instead, children will enjoy a longer breaktime in the morning, when the temperature is cooler. This break may be split into two or even three parts, depending on the class. Children will not take part in vigorous physical activity. Children will be taken outside, as classes in the afternoon to sit in the shade, either reading or listening to a story. This will keep children out of direct sunlight during the hottest parts of the day.
Inside	Inside, steps will be taken to ensure the school is as cool as possible. Windows will be opened as early as possible in the morning before children arrive to allow stored heat to escape from the building. Blinds and curtains will be used where available to keep the classrooms cool. The school has purchased additional oscillating mechanical fans to increase air movement to add to the ones we have in school already.

Looking at the forecast, it is expected that the temperature will drop on Wednesday and Thursday for the final two days of term.

For medical information regarding heat exhaustion and heatstroke, please refer to the [NHS guidance](#).

Thank you for your ongoing support.

Yours sincerely,

*T. Ray*

**Mr Ray**  
**Deputy Head Teacher**